

Sasha Kostyrko

Sasha Kostyrko is a creator, director, performer, producer, writer, and educator. My mission is to create intimate, visceral theatrical experiences that invite audiences to life's tragedies and triumphs through humor, music, and movement

Education

Masters of Fine Arts- Philadelphia, PA

UARTS-Pig Iron Devised Theatre Performance Program 2021

Lecoq based Pedagogy- Improvisation, Movement, and Creation

Neutral Mask, Commedia del Arte, Melodrama, Bouffon, Red Nose Clown

Core Faculty: Quinn Bauriedel, Emmanuele Deplach, Sarah Sanford, Aram

Aghazarian, Jonathan VanDyke, Nichole Canuso, Dan Rothenberg

Visiting Faculty: Joesphine Decker- Devised Filmmaking , Adam Lazarus- Bouffon, M.J. Kaufman, Suli Holum- writing

Bachelors of Fine Arts- Acting- Minor in Lighting Design.

Oklahoma City University 2011

Stanslavski based Pedagogy. Focus on classics

D. Lance Marsh, Tonia Sina, Kevin Asselin, David Pasto, Kathryn Eader, Jo Rowan

The ACADEMY- Black Box Acting certificate- Chicago 2015

Meisner and Viewpoint training

Audrey Francis

Teaching Experience

UArts Undergraduate Devising Performance Guest Lecturer- Lecoq and Theatrical Creation-2021

- Co-led 4 weeks of a semester long course in Devising to Undergraduate students- Dance Theater Philadelphia, PA

B Street Teen Fall Workshop- Fall 2025

- Led Teen classes in ensemble, monologues, and scene work
- Sacramento, CA

CLARA in School Arts education- Fall 2025 (haven't started yet)

- Teaching Artist adhering to VAPA standards in schools tk-6th grade
- Sacramento, CA

B Street Fall After School programming- Fall 2025

- Teaching Artist at Allen Hights Elementary School, Will Rogers Middle School, Heredia-Arriaga school, and Natomas Park.

Sacramento, CA

B Street Summer Camp- Summer 2025 and 2024

- Led dance portion of camp in 2024 and directed scenes in 2025 for Youth, Junior, and Teen classes
- Sacramento, CA

Purely Hot Yoga- Vinyasa Instructor-2025

- @flowwithsasha

Sacramento, CA

Lifetime Fitness- Group Fitness Instructor- 2025

Sacramento, CA

Backstage Performing Arts- Creative Movement instructor - Summer 2025

- Teaching foundational dance movement and theatrical expression for young students

Monarch Yoga- Power Yoga Instructor 2021- 2025

- Taught a two hour workshop on Inversions - how to safely use alignment and strength to get upside-down with confidence

- Assisted in Yoga Teacher Training guiding students in Confidence and Authenticity Philadelphia, PA

Envision Theater- Caskey Torah Academy-Annie Jr-2024

- Choreographed and co-directed a production of Annie Jr. for 4th-8th grade girls Ardmore, PA

Performing Arts Center- Devised Theater Camp for High School Students- 2022

- Created and led a week long summer camp focusing on Devising methods of creation accumulated in a 20 minute long performer created piece based on object embodiment Swarthmore, PA

Bozeman Children's Shakespeare Society's As You Like It- 2022

- Mentored a young artist through the process of directing culminating in a full production with music, lights, and costumes.

Bozeman, MT

Friends Select School-2021

- Co-taught a one day Lecoq Pedagogy class creating character from Animal Observation. Philadelphia, PA. Zoom

Bozeman Children's Shakespeare Society's Macbeth-2021

Director and Educator for high school and college students age 16-27.

- Collaborated with another director to cut, cast, and table work Macbeth culminating in a full production.

Bozeman, MT

Bozeman Children's Shakespeare Society's Cymbeline-2019

Director and Educator for homeschool students age 13-20.

- Designed, developed, and directed a production of Cymbeline

Bozeman, MT

Montana Shakespeare in the Parks Educational Tour- 2018

Performer and Tour Manager of Julius Caesar 2018 and 2013

- Toured to 50 schools all over Montana and Wyoming including several Reservations serving Indigenous nations

- Taught workshops in Violence through language, Propaganda through images/ rhetorical devices in speeches, workshop in dual nature of Ambition, and Governance as it relates to the past history of Rome and the United States today

Bozeman, MT

One day workshop with Bozeman Children's Shakespeare Society 2017

- Designed and led a one day 6 hour workshop for high school students focusing on Meisner and Viewpoints as they can be applied to Shakespeare

Bozeman, MT

One day workshop with Belt High School Students 2017

- Designed and led a one day 6 hour workshop focusing on Meisner and Viewpoints as they can be applied to Shakespearean text and guided their upcoming performance of A Midsummer Nights Dream to Edinburgh Fringe Festival

Belt, MT

Shakespeare for High School students 2011

Assistant Teacher to Hal Kohlman- Oklahoma City University

- Covered the basics of how to dissect text, use Iambic pentameter, and embody poetry

Oklahoma City, OK

Movement TA for Kevin Asselin- Oklahoma City University 2011

- Helped facilitate and participated in classes on Neutral Mask, Laban Movement Analysis, Qualities of movement, Michael Chekhov technique, as well as Feldenkrais work

Oklahoma City, OK

Dance Performance Teacher Specializing in Lyrical, Tap, Jazz, and Ballet- Dance 10/ Broadway Academy/ CI Talent Agency

- Taught ages 3-18 tap, ballet, jazz, lyrical, musical theater dance from 2004-2014

Sacramento, CA

Directing, Choreography, Production, and Design

<i>Little Women</i>	Director	Bozeman Actor's Theater(upcoming)
<i>Atlantic City : City of Dreams</i>	Writer / Producer	Pig Iron Studio
<i>Dead Dad Show</i>	Director	Philadelphia Fringe Festival
<i>NOSEJOB</i>	Asst Director	Lightning Rod Special
<i>The Gentleman Caller</i>	Director	Bozeman Actor's Theater
<i>Annie Jr</i>	Choreographer	Envision Theater
<i>Slop Bucket</i>	Producer	Pig Iron Studios
<i>As You Like It</i>	Director-mentor	Bozeman Children's Shakespeare Society
<i>Threnody</i>	Producer	Threnody Collective
<i>Macbeth</i>	Co-director	Bozeman Children's Shakespeare Society
<i>Cymbeline</i>	Co-director	Bozeman Children's Shakespeare Society
<i>The Importance of Being Earnest</i>	Director	Small Batch Arts
<i>Tallgrass Gothic</i>	Director / Lighting Designer	Oklahoma City University
<i>Pop Waits</i>	Asst Director / Halena Kays	Neo Futurists
<i>Time After Time</i>	Asst Choreographer	Theo Oblique
<i>When the Rain Stops Falling</i>	Director	Oklahoma City University
<i>The Consul</i>	Lighting Designer	Oklahoma City University Opera dept.
<i>Rosencrantz and Guildenstern are Dead</i>	Lighting Designer	Oklahoma City University

Theatre Performance

<i>The Weight of an Orange.</i>	Actor 3	Playwright Revolution/ Cap Stage
<i>Atlantic City: The Musical</i>	Lead Artist	Slop Bucket Scratch Night
A satirical musical about the rise and fall of America's favorite City		
<i>Wedding Crashers Ball</i>	Deviser (Bride)	Influx Theater Collective
Immersive Fundraiser for Glen Foerd Mansion		
<i>Threnody</i>	Deviser	Philadelphia Fringe Festival
A piece of dance theater exploring the haunting and sometimes absurd experience of grief		
<i>Atlantic City: The Musical</i>	Lead Artist	MiniBall: Scratch Night
<i>Threnody</i>	Deviser	University of the Arts Graduate Thesis
<i>Wyck: Live</i>	Deviser	Wyck Historical Home/ Kyle Metzger
A promenade piece of civic practice theater to awaken a historic home and invite the community to engage		
<i>As you like it</i>	Touchstone	Shakespeare on Tap
<i>A Dolls House</i>	Nora	Bozeman Actors Theatre/ Gretchen Minton
<i>Stop Kiss</i>	Mrs. Winsley/ Nurse	Bozeman Actors Theatre/ Tonya Andrews
<i>Julius Caesar</i>	Casca/ Tour Manager	Montana Shakespeare in the Schools/ Kevin Asselin
<i>Shrew'd!</i>	Tranio/ Dance Captain	First Folio Theatre/ Joanna Mackenzie Miller
<i>Red Velvet</i>	Halina/ Margaret Aldridge (US)	Chicago Shakespeare Theatre / Gary Griffin
<i>You Never Can Tell</i>	Gloria	Montana Shakespeare in the Parks / William Brown
<i>Macbeth</i>	2nd Witch/ Doctor/ Fleance	Montana Shakespeare in the Parks / Kevin Asselin
<i>The Comedy Of Errors</i>	Luciana	Montana Shakespeare in the Parks / Chris Duval
<i>Richard III</i>	Queen Elizabeth	Montana Shakespeare in the Parks / Kevin Asselin
<i>Pride and Prejudice</i>	Mary Bennet	Adapt Theatre / Amanda Laudermilch,
<i>Hamlet</i>	Ophelia	Muse of Fire / Jemma Alix Levy
<i>Dorian</i>	Isabella U/S	The House Theatre of Chicago / Tommy Rapley
<i>Pippin</i>	Ensemble	The Music Theatre Company / Jessica Redish
<i>Henry V</i>	Henry V	Oklahoma Shakes in the Parks / Katherine McGill
<i>The Merchant of Venice</i>	Nerissa	Oklahoma City University / D. Lance Marsh
<i>Between the Lines</i>	Deviser	Oklahoma City University/ Tonia Sina

Dance Performance

Shrewd!	Tranio/ Dance Captain	First Folio Theatre Erika Mac
Pippin	Featured Ensemble	Music Theatre Company Jessica Redish
American Spirit Dance Company	Spring Show Ensemble	Oklahoma City University Ann Lacy School of Dance
Paws! Fundraiser with Billy Corgan	Hired Dancer	Amber Mak
Dance Theatre West	Company Member 2004-2007	Broadway Academy
Best of Broadway Musical Review	Solo/ ensemble dancer	Broadway Academy

Administrative Experience

Part time Recruitment for UARTS Pig Iron School for Devised Performance- 2022- Current

- Hosted weekly meetings, managed and organized data on prospective students, and recruited 15 new students for the Masters program

Audience Services Manager- Nichole Canuso Dance Company- Philly Fringe 2021- Being/ With:Live

- Organized and managed audience data for two person show in two locations at once. Sent emails to audience members with specific show information.

Administrative Internship with Pig Iron Theatre Company — 2021

- Education in Theater production, finance, development, and management

Assistant Stage Manager for “Pregnancy Speakeasy” workshop-Pig Iron Theater Company- 2022

Director- Joesphine Decker & Dan Rothenberg-

Programs, Residencies, and Grants

Linkages: Hungary- A four year exchange between emerging theater artists in the United States and Hungary- 2021-2024

Little Pond Residency- Bethlehem, PA-2022 Development of second showing of Threnody

Little Pond Residency- Bethlehem, PA-2020 Development of Atlantic City the Musical

Puffin Foundation Grant 2022- Atlantic City the Musical creation

Civic Practice Work

At our table- Cookbook collaboration with Seniors at the Lutheran Settlement House

Wyck Live- Site specific performance inviting Germantown residence to learn and enjoy the Historical Wyck Property

Anti-racist educational Training

Diversity and Inclusion

Liberatory Practices Seminar- Black and Brown Workers Co-op Philly 2022

BARWE- Building Anti-Racist White Educators Inquiry group- 2020

Essential Understandings regarding Montana Indians- Montana Office of Public Instruction-2021

References

Quinn Bauriedel-Program Director of Pig Iron- quinn@pigiron.org

Sarah Sanford- Pedagogy Professor at UARTS- sarahsan100@gmail.com

Nell Bang- Jensen- CEO Fringe Arts- hinell@gmail.com